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Emergency Pedagogy Training



Emergencies
are part of life



Introduction

Emergencies are part of life. Children and adolescents are not exempt. They suffer accidents, have to undergo necessary medical interventions or cope with the loss of friends and loved ones through relocation, divorce or death. Many are victims of violence, sexual abuse, neglect and poverty. Others suffer war experiences, flight and displacement, or are struck by natural disasters. When the incomprehensible has happened, nothing is as it was before. The childlike life is in danger of falling apart.

What psychotraumatized children and adolescents most urgently need in such a situation are psychologically stable and competent adult helpers who are able to initiate first aid for the soul and thus avert possible trauma sequel disorders.

Within the framework of Just.Childhood Lebanon's new psycho-social support project with the support of our partner organization Freunde der Erziehungskunst Rudolf Steiners e.V. (<https://www.freunde-waldorf.de/en/emergency-pedagogy>) and funded by the German Ministry of Economic Cooperation and Development (BMZ) and Aktion Deutschland Hilft e.V. (ADH), a module training will be offered to interested participants working in the fields of

university teaching, pedagogy, medicine, school education, social work, as well as community representatives, NGO employees and other stakeholders. Through the trainings, participants will receive in-depth training in their practical and theoretical skills in emergency and trauma education. The further qualified persons have the opportunity to directly apply what they have learned in their everyday work with children.



Modules

The capacity building training consists of 8 modules, which take place over one year, while two modules will be offered together with the exception of Module 1 and 2, which will be offered separately.

Each module consists of 16 hours, combined of theoretical and practical lessons. The entire advanced training comprises 128 hours. The content is certified by the Freie Hochschule Stuttgart (<https://www.freie-hochschule-stuttgart.de/en/>).

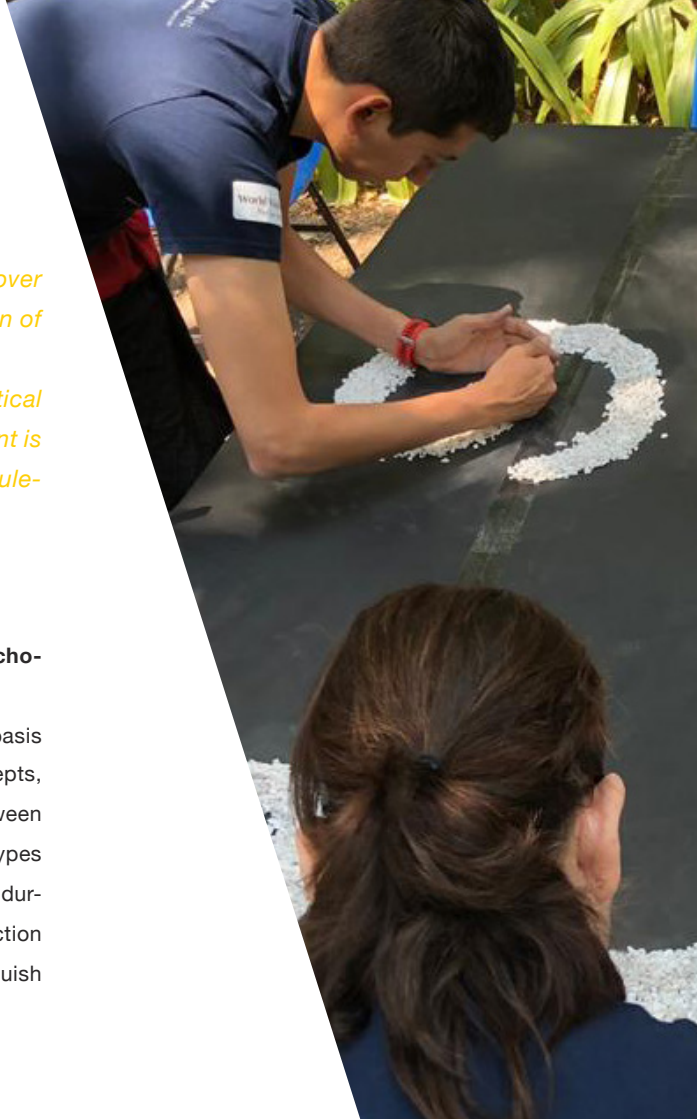


Module 1

Module 1 provides initial basic knowledge of **Psycho-traumatology and Emergency Pedagogy**.

(Learning goals: Get to know images of man as a basis

for pedagogical - psychological therapy concepts, get to know basic concepts, learning to distinguish between trauma types, Learning to distinguish between monotraumas and complex traumatizations, being able to diagnose different types of trauma, develop understanding for bio-psycho-social-spiritual processes during traumatization, get to know trauma consequences, identify risk and protection factors in the course of traumatic experience, recognize and learn to distinguish phases of the trauma process, Integration of personal experience).





Module 2

Module 2 provides an overview of **Childhood and Adolescent Psychotraumatology**.

(Learning goals: getting to know the basics of developmental psychology, identify specific damage to traumatic experience in developmental phases, learning to recognize the prevention of specific developmental tasks through trauma, getting to know the first emergency and trauma pedagogical intervention measures for post-maturation).



Module 4

Module 4 addresses **Emergency Pedagogy as a Subfield of Educational Science**.

(Learning goals: recognizing Emergency Pedagogy as part of educational science, to reflect beyond an extension of the concept of emergency pedagogy beyond concrete acute interventions, acquiring knowledge about aspects of an overall emergency pedagogical concept, getting to know aspects of a competence-oriented emergency pedagogy of children, adolescents and adults).



Module 3

Module 3 deals with **Trauma and Spirituality**.

(Learning goals: get to know spiritual aspects of trauma, learning to recognize trauma as a borderline experience, learning to recognize the significance of religious conviction and spirituality for trauma management, recognizing the importance of forgiveness for trauma management and for posttraumatic maturation processes, reflection on individual and institutional consequences).





Module 5



Module 5 specifically addresses **Trauma Pedagogy and Ritualized Violence**.

(Learning goals: getting to know conceptual aspects of emergency and trauma pedagogy, discussion of an emergency pedagogical and trauma-sensitive basic attitude of the helper, getting to know the concept of the safe place, getting to know emergency and trauma pedagogical methods, structures and offers, getting to know the phase model of emergency and trauma pedagogical intervention, knowledge of the guidelines for emergency pedagogical acute intervention (psychological first aid), getting to know stabilization techniques, learn to know and use the contents of an emergency case and how to handle it, getting to know psychoeducative measures, getting to know what ritualized violence is, where it occurs and how to counter it with Emergency and Trauma pedagogical approaches).



Module 6



Module 6 deals with the **Emergency Pedagogical Phase Model**.

(Learning goals: getting to know and practicing emergency pedagogical intervention methods for stabilization in the early phase, analysis and appropriate handling of dreamlike behavior in the early phase, learning to recognize trauma sequel disorders, recognition of trauma-specific symptoms in everyday pedagogical life, get to know and apply of stabilization techniques, recognize and avoid triggers and dissociations, getting to know the concept of the educational institution as a safe place, learning how to deal with massive, chronic traumatic reactions and trauma-related identity disorders, getting to know the concept of posttraumatic growth).





Module 7



Module 7 deals with **Prevention Measures for Secondary Traumatization.**

(Learning goals: recognize transmission and countertransmission dynamics, Learn about the concept of secondary traumatization, be able to recognize stressful situations in your own professional life as well as reactions and consequences, Get to know psycho hygienic aspects and measures during missions, get to know and practice preventive measures as an anti-stress program, introduction to a training path for emergency pedagogues).



Module 8



Module 8 concludes the training with detailed reflection, supervision and certification

(Learning goals: self-awareness, self-protection and quality assurance, reflection and exchange on one's own role in the work with traumatized persons, evaluation of the training series).



The background of the page is a photograph showing several people, likely in a workshop or classroom setting, working with wood. One person in the foreground is using a hand plane on a piece of wood. Other people are visible in the background, some holding tools. The image is slightly blurred, focusing attention on the text overlay.

Participation Requirements

The training courses outlined here are aimed at university and technical college graduates with psychological, pedagogical and related qualifications - e.g. doctors without psychotherapeutic approbation, graduate psychologists, teachers, special education teachers, graduate social workers and social pedagogues, curative educators, school counselors, religion teachers, sociologists and people with completed vocational training (technical schools) in social, social administrative, educational or nursing professions (especially educators, nurses, therapists).

The first two modules will take place separately in 2022 (September and November), while the six other modules will take place in combination in 2023, most likely in February or March (modules 3 and 4), May or June (modules 5 and 6), and September or October (modules 7 and 8).



Module ①

Psychotraumatology I

Introduction to Psychotraumatology

Workshop: Experiential Education

Module ②

Psychotraumatology II

Psychotraumatology of Childhood and Adolescence

Workshop: Story-telling

Module ③

Psychotraumatology III

Trauma and Spirituality

Workshop: Eurythmy

Module ④

Emergency Pedagogy I

Emergency Pedagogy as part of educational science

Workshop: Art Therapy 1 (Painting and Drawing)

Module 5

Emergency Pedagogy II

Trauma Pedagogy and Ritualized violence
Interventions for Infants (Kneading, felting,
therapeutic puppetry)

Module 6

Emergency Pedagogy III

Emergency Pedagogical Phase Model I:

Emergency pedagogical acute intervention

Emergency Pedagogical Phase Model II:

Emergency pedagogical early intervention,
trauma-oriented special pedagogy, trauma-
oriented intensive pedagogy

Workshop: Experiential Education II

Module 7

Emergency Pedagogy IV

*Prevention Measures for Secondary
Traumatization*

Workshop: Art Therapy II (Music Therapy)

Module 8

Reflection/Supervision/Certification

Group supervision, presentation of final
papers as well as review, reflection and
evaluation

Workshop: Art Therapy III (Sculptural Design)



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